

Appetizers

Bavarian Pretzel Sticks 9

Served with a side of honey mustard

Onion Rings 9

Served with onion bloom sauce

Sand Springs Sampler 14

Two mozzalunas, two pretzel sticks, and two chicken tenders

Served with honey mustard and marinara sauce

Chef Mark's Homemade Meatballs Parmesan 11

3 large homemade meatballs, topped with marinara & mozzarella cheese, and oven-baked.

Served with rolls & butter

Mozzalluna 10

Deep fried, Italian breaded mozzarella served with marinara dipping sauce

Shrimp Cocktail* 16

Jumbo shrimp, cocktail sauce & a lemon garnish

Sand Springs Fries 15

Loaded seasoned fries topped with breaded chicken, bacon, melted mozzarella, and a drizzle of BBQ and ranch.

Stuffed Mushrooms 15

Oven-baked mushroom caps filled with crab imperial, finished with lemon butter sauce and lemon.

Calamari Frita 14

Lightly fried calamari, served with lime garlic aioli.

Bruschetta Crostini 9

House-made bruschetta on toasted crostini with balsamic glaze.

Add Chicken 4 Add Steak 6 Add Crab 8

* Gluten Free Items

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Soups & Salads

Magnolia Salad* 15

Grilled chicken, crispy bacon, hard-boiled eggs, black olives, cucumbers, and bleu cheese crumbles over mixed greens. Served with choice of dressing.

Caribbean Salad* 16

Grilled jerk chicken over mixed greens with raisins, pineapple chunks, candied walnuts, grape tomatoes, and cucumbers. Served with choice of dressing.

Shrimp Lotus Salad* 16

Grilled shrimp over romaine lettuce with hard-boiled eggs, cucumbers, red onions, and grape tomatoes. Served with choice of dressing.

The Wedge* 12

Iceberg lettuce wedge garnished with crispy bacon, cucumber, grape tomatoes, and crumbled bleu cheese. Served with choice of dressing.

Classic Caesar 10

Chopped romaine lettuce topped with croutons, shaved Parmesan & Caesar dressing.

House Salad* 10

Mixed greens topped with julienned carrots, red onion, cucumber, and grape tomatoes with choice of dressing.

Top Your Salad

Grilled or Blackened Chicken* 6	Crispy Chicken 6	Chicken Salad* 8
Steak* 11	Shrimp* 10	Grilled or Blackened Salmon* 13

Dress Your Salad

Italian	Raspberry Vinaigrette	Honey Mustard	French	Ranch	Bleu Cheese	Parmesan	Peppercorn
White Balsamic Vinaigrette	Thousand Island	Caesar	House Dressing	Housemade Boom-Boom			

Soup Du Jour Cup 4 Bowl 6

French Onion Au Gratin Cup 6 Crock 8

*** Gluten Free Items**

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Sandwiches & Wraps

All Sandwiches & Wraps served with potato chips & pickles. Add French Fries for \$3.00 Add Sweet Potato Fries or Onion Rings for \$4.00. Gluten Free Bun available for \$1.50

Sand Springs Country Club 16

Roasted turkey breast, American cheese, bacon, lettuce, tomato, & mayo on three slices of toasted bread

Philly Cheesesteak 15

Beef cheesesteak with sweet peppers, fried onions, & choice of American, Provolone, Swiss, or “Whiz” on a hoagie roll

South Philly Chicken Cheesesteak 15

Diced chicken, baby spinach, sweet peppers & provolone cheese on a hoagie roll

French Dip Hoagie 18

Tender sliced prime rib layered inside a hoagie roll, topped with melted Swiss cheese, and oven-baked to perfection. Served with a side of au jus for dipping.

Turkey Apple Swiss Wrap 15

Sliced turkey, crisp apples, Swiss cheese, lettuce, and honey mustard wrapped in a soft flour tortilla.

Spicy Chicken Sandwich 13

Homemade spicy breaded chicken breast topped with boom-boom sauce, pickles, lettuce, and tomatoes

Caesar Wrap 13

Your choice of grilled chicken or shrimp, romaine lettuce, shaved parmesan, and Caesar dressing

Shrimp Po Boy Wrap 14

Breaded shrimp, lettuce, tomatoes, and a Cajun remoulade

Turkey & Ham Russian 15

Turkey, ham, Swiss cheese, coleslaw, and 1000 Island dressing

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Pizza & Flatbreads

	<u>12" Pan or Thin Crust</u>	<u>11"x17"</u>
Cheese	13	17
Sand Springs Pizza	17	23
<i>Crispy chicken, bacon, ranch, BBQ</i>		
Additional Toppings	1.25	1.75
<i>Anchovies, Bacon, Black Olives, Broccoli, Grilled Chicken, Ham, Hot Peppers, Sweet Peppers, Mushrooms, Onion, Pepperoni, Sausage, Spinach, Meatball, Extra Cheese</i>		
*Gluten Free Cheese Pizza		15
Cheese Flatbread		8
Sand Springs Hot Pocket Flatbread		10
<i>Cheese, ham, & whiz</i>		
Bruschetta Flatbread		10
<i>Fresh bruschetta & mozzarella with balsamic glaze</i>		
Chicken Bacon Ranch Flatbread		12
<i>Crispy chicken, diced bacon, mozzarella cheese, ranch & BBQ drizzle</i>		

Wings

Order (12) 12 Half Order (6) 7
 3/4 lb. Boneless Bites 14

Mild	Hot Blonde
Hot	Red Garlic
BBQ	Sweet Teriyaki
Butter Garlic	Kickin' Bourbon
Honey Mustard	Mango Habanero
Golden Flyer	Parmesan Peppercorn Ranch
Chipotle Ranch	Old Bay Dry Rub
Campfire	Cajun Dry Rub
Thai Chili	Jamaican Jerk Dry Rub
Homemade Boom-Boom	Hot Honey Garlic
Cajun Bleu Cheese	

Add Bleu Cheese or Ranch & Celery 2.50 Add Extra Sauce 2.50

Burgers

Choose your Burger Base:

- 8 oz. Beef Patty
- Grilled or Crispy Chicken Breast
- Turkey Burger
- Impossible® Soy Burger

Choose your Bun:

- Brioche Wrap Pretzel
- Gluten-Free Bun (+\$1.50)

Choose your Type:

Par 4 California Cheeseburger 12
 Your choice of meat, American cheese, lettuce, red onion, tomato, and mayo

Mushroom Swiss Burger 11
 Your choice of meat, Swiss cheese, sauteed mushrooms

Bacon Cheeseburger 12
 Your choice of meat & cheese, topped with crispy bacon

*All Burgers served with potato chips & pickles.
 Add French Fries for \$3.
 Add Sweet Potato Fries or Onion Rings for \$4.
 Add Maple Syrup for \$1.00.*

Quesadilla - 8

Shredded Cheese & Pico de Gallo
 grilled in a flour tortilla.

Add Chicken 7

Add Steak 9

Add Shrimp 10

Add Vegetables 5

Add a side of sour cream & salsa 2

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Pub Platters

Chicken Fingers 15

Crispy chicken tenders served with choice of BBQ sauce or honey mustard and French fries.

Make them buffalo tenders 16

Beer Battered Fish & Chips 16

Two Corona battered fish wedges served with French fries, coleslaw and a side of tartar sauce

Cowboy Pot Pie 16

Beef chili & cheddar cheese topped with cornbread.

Served with a side salad & your choice of dressing.

General Tso Stir Fry 18

Cubed chicken or beef, flash fried until crispy. Tossed with stir-fried vegetables & General Tso Sauce, served over white rice. Served with a side salad & your choice of dressing.

Meatloaf 16

Homemade meatloaf topped with a sweet tomato glaze. Served with French fries and coleslaw.

Pasta

All Pasta Entrees served with choice of Side Salad or Cup of Soup du Jour

Cavatelli 18

Chef Mark's homemade Cavatelli tossed in your choice of homemade marinara, vodka, or Fra Diavolo sauce, served with homemade meatballs.

Pasta & Meatballs 18

Pasta of the day tossed in your choice of homemade marinara, vodka, or Fra Diavolo sauce, served with homemade meatballs.

Pappardelle Bolognese 20

Homemade meat sauce, tossed with Pappardelle noodles and Parmesan cheese.

Sand Springs Parmesan

Your choice of protein, topped with marinara and melted mozzarella & served over pasta

Eggplant 18 Chicken 24 Shrimp 26

Cheese Ravioli 17

Jumbo cheese ravioli tossed in homemade marinara sauce

Add Homemade Meatballs 6 Add Sausage 6

*Substitute gluten free penne pasta in any dish * + 2

Entrees

*All Entrees served with choice of Side Salad or Cup of Soup du Jour, Chef's choice of starch & vegetable
Add Cup of French Onion Soup for \$2.50*

Honey Whiskey Filet Tips 26

Tender filet tips sautéed and deglazed with honey and whiskey, finished with a light brown gravy.

Chicken Francaise 27

Boneless chicken breast egg-battered and topped with a white wine and lemon butter sauce
Add jumbo lump crab 7

Tuscan Chicken* 26

Boneless chicken breast sautéed with fresh spinach, garlic, sun-dried tomatoes, heavy cream, and Parmesan cheese.

Seafood Au Gratin 30

Jumbo shrimp, scallops, and crabmeat simmered in a cheese sauce or lemon butter sauce, and oven-baked.

T-Bone Steak* 45

One pound Choice T-Bone Steak nicely seasoned and cooked to your liking.

Maryland Crab Cakes 30

2 Homemade crab cakes. Served with lemon wedges & tartar sauce.

Stuffed Shrimp 31

Large shrimp stuffed with crab imperial, oven-baked and topped with a lemon butter sauce.

Island Salmon* 29

Blackened Salmon topped with homemade pineapple salsa. Served over a bed of vegetable rice pilaf.

* Gluten Free items

Side Dishes

French Fry Basket 5

Sweet Potato Fries 6

Potato du Jour 4

White Rice 5

Side of Pasta 6

Applesauce 3

Vegetable Du Jour 3

Side Salad 5

Fried Seasoned Eggplant 8

Side of Sausage 6

Side of Coleslaw 3

2 Jumbo Homemade Meatballs 8

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