

Appetizers

Bavarian Pretzel Sticks 9

Served with a side of honey mustard

Onion Rings 9

Served with onion bloom sauce

Cheese Quesadilla 8

Shredded cheddar and Pico de Gallo in a flour tortilla

Add chicken 7

Add steak 9

Add mahi 9

Add vegetables 4

Sides of sour cream & salsa 2

Sand Springs Sampler 14

Two mozzalunas, two pretzel sticks, and two chicken tenders

Served with honey mustard and marinara sauce

Chef Mark's Homemade Meatballs Parmesan 10

3 large homemade meatballs, topped with marinara & mozzarella cheese, and oven-baked.

Served with rolls & butter

Pork Potstickers 10

Dumplings filled with pork, vegetables, and seasoning. Served with Thai Chili sauce.

Mozzalluna 9

Deep fried, Italian breaded mozzarella served with marinara dipping sauce

Steamed Clams* 12

18 clams steamed with fresh basil, garlic, white wine, and butter

Shrimp Cocktail* 16

Jumbo shrimp, cocktail sauce & a lemon garnish

Chicken Skewers 9

Chicken skewers glazed with teriyaki sauce & served with fried rice

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Soups & Salads

Antipasto Salad* 15

Italian meats, provolone cheese, black olives, red onion, roasted red peppers, and grape tomatoes.
Served with choice of dressing.

The Wedge* 12

Iceberg lettuce wedge garnished with crispy bacon, cucumber, grape tomatoes, and crumbled bleu cheese.
Served with choice of dressing.

Classic Caesar 10

Chopped romaine lettuce topped with croutons, shaved parmesan & Caesar dressing.

Tee Box Salad 13

Mixed greens topped with candied walnuts, oranges, dried cranberries, bleu cheese crumbles,
and grilled chicken. Served with your choice of dressing.

Greek Salad 12

Romaine lettuce topped with Feta cheese, grape tomatoes, cucumbers, red onion, Kalamata olives, and peppers.
Served with a Lemon Vinaigrette.

Caprese Salad 11

Layers of fresh mozzarella, hot house tomatoes & red onions. Served over a bed of mixed greens, drizzled with a
fresh basil & balsamic glaze

House Salad* 7

Mixed greens topped with julienned carrots, red onion, cucumber, and grape tomatoes with choice of dressing.

Top Your Salad

| | | |
|--------------------------------|------------------|--------------------------------|
| Grilled or Blackened Chicken 6 | Crispy Chicken 6 | Chicken Salad 8 |
| Steak 11 | Shrimp 10 | Grilled or Blackened Salmon 13 |

Dress Your Salad

| | | | | | |
|---------|----------------------|-----------------------|---------------|----------------|-----------|
| Italian | Balsamic Vinaigrette | Raspberry Vinaigrette | Honey Mustard | French | |
| Ranch | Bleu Cheese | 1,000 Island | Caesar | House Dressing | Boom-Boom |

Soup Du Jour Cup 4 Bowl 6

French Onion Au Gratin Cup 6 Crock 8

*** Gluten Free Items**

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Sandwiches & Wraps

*All Sandwiches & Wraps served with potato chips & pickles. Add French Fries for \$3.00
Add Sweet Potato Fries or Onion Rings for \$4.00. Gluten Free Bun available for \$1.50*

Sand Springs Country Club 16

Roasted turkey breast, American cheese, bacon, lettuce, tomato, & mayo
on three slices of toasted bread

Philly Cheesesteak 15

Beef cheesesteak with sweet peppers, fried onions, & choice of American, Provolone,
Swiss, or “Whiz” on a hoagie roll

South Philly Chicken Cheesesteak 15

Diced chicken, baby spinach, sweet peppers & provolone cheese on a hoagie roll

French Dip Hoagie 17

Tender sliced prime rib layered inside a hoagie roll, topped with melted Swiss cheese, and
oven-baked to perfection. Served with a side of au jus for dipping.

Turkey Rachael 14

Thinly sliced turkey, Swiss cheese, coleslaw & 1000 island dressing on grilled rye bread

Honey Jalapeno Chicken Sandwich 12

Crispy breaded chicken drizzled with honey, topped with jalapeños, bacon, melted cheddar
cheese, and crunchy onion straws

Boom Boom Shrimp Sandwich 13

Crispy breaded shrimp topped with zesty boom boom sauce, fresh lettuce, and tomatoes

Mahi Wrap 16

Blackened Mahi, Pico de Gallo, lettuce, pepperjack cheese & boom boom sauce
wrapped in a flour tortilla

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Pizza & Flatbreads

| | <u>12" Pan or Thin Crust</u> | <u>11"x17"</u> |
|---|------------------------------|----------------|
| Cheese | 12 | 15 |
| Sand Springs Pizza Crispy chicken, bacon, ranch, BBQ | 17 | 23 |
| Additional Toppings | 1.25 | 1.75 |
| Anchovies, Bacon, Black Olives, Broccoli, Grilled Chicken, Ham, Hot Peppers, Sweet Peppers, Mushrooms, Onion, Pepperoni, Sausage, Spinach, Meatball, Extra Cheese | | |
| *Gluten Free Cheese Pizza | 15 | |
| Cheese Flatbread | 8 | |
| Cheesesteak Flatbread | 12 | |
| Bruschetta Flatbread | 9 | |
| Fresh bruschetta & mozzarella with balsamic glaze | | |
| Chicken Bacon Ranch Flatbread | 11 | |
| Crispy chicken, diced bacon, mozzarella cheese, ranch & BBQ drizzle | | |

Wings

Order (12) 12 Half Order (6) 7
3/4 lb. Boneless Bites 14

| | |
|-------------------|-----------------------|
| Mild | Cajun Bleu Cheese |
| Hot | Hot Blonde |
| BBQ | Red Garlic |
| Butter Garlic | Sweet Teriyaki |
| Hot Butter Garlic | Kickin Bourbon |
| Honey Mustard | Mango Habanero |
| Golden Flyer | Garlic Parmesan |
| Chipotle Ranch | Old Bay Dry Rub |
| Campfire | Cajun Dry Rub |
| Thai Chili | Jamaican Jerk Dry Rub |
| Boom Boom | Hot Honey Garlic |

Add Bleu Cheese or Ranch & Celery 2.50 Add Extra Sauce 2.50

Build Your Own -10

Choose your Burger:

- 8 oz. Beef Patty
- Grilled or Crispy Chicken Breast
- 7 oz. Garden Burger

Choose your Bun:

- Brioche Wrap
- Pretzel
- Gluten-Free Bun (+\$1.50)

Choose your cheese - \$0.50 each

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|-------------|-----------|
| Mozzarella | American |
| Whiz | Provolone |
| Pepper Jack | Swiss |
| | Cheddar |

Choose your toppings - \$0.50 each

- | | |
|----------------------|--------------------|
| Leaf Lettuce | Banana Peppers |
| Spinach | Hot Cherry Peppers |
| Tomato | Jalapeno Peppers |
| Red Onion | Pico de Gallo |
| Crumbled Bleu Cheese | Bruschetta |
| Pickles | Sautéed Mushrooms |
| | Sautéed Onions |

Upgraded Toppings - \$1.75 each

- | | |
|-------------|-----------|
| Bacon | Pepperoni |
| Onion Rings | Fried Egg |
| Mozzalluna | |

Sauces: Ranch, BBQ, Marinara, Mayo, Honey Mustard, Horsey, Balsamic Glaze, Boom-Boom, Buffalo,

*All Burgers served with potato chips & pickles.
Add French Fries for \$3.
Add Sweet Potato Fries or Onion Rings for \$4.
Add Maple Syrup for \$1.00.*

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Pub Platters

Chicken Fingers 15

Crispy chicken tenders served with choice of BBQ sauce or honey mustard and French fries.
Make them buffalo tenders 16

Beer Battered Fish & Chips 16

Two Corona battered fish wedges served with French fries, coleslaw and a side of tartar sauce

Chicken Pot Pie 16

Cubed chicken, mixed vegetables & supreme sauce topped with a pie crust. Baked until golden brown.
Served with a side salad

General Tso Stir Fry 18

Cubed chicken or beef, flash fried until crispy. Tossed with stir fried vegetables & General Tso Sauce, served over white rice. Includes a side salad with your choice of dressing

BBQ Chicken & Stuffed Crab Combo 16

4 oz BBQ chicken breast accompanied by stuffed crab in the shell. Served with French fries & coleslaw

Pasta

All Pasta Entrees served with choice of Side Salad or Cup of Soup du Jour

Chicken & Shrimp Carbonara 21

Boneless chicken breast & jumbo shrimp sautéed with bacon, heavy cream, and Parmesan cheese.

Pasta & Meatballs 18

Pasta of the day tossed in your choice of homemade marinara, vodka, or Fra Diavolo sauce, served with meatballs.

Tortellini Rebecca 18

Cheese tortellini tossed with chicken, broccoli, butter, garlic, and parmesan cheese.

Sand Springs Parmesan

Your choice of protein, topped with marinara and melted mozzarella served over pasta

Eggplant 18 Chicken 24

Cheese Ravioli 17

Jumbo cheese ravioli tossed in homemade marinara sauce

Add Meatballs 5 Add Sausage 6

*Substitute gluten free penne pasta in any dish * + 2

Entrees

All Entrees served with choice of Side Salad or Cup of Soup du Jour, Chef's choice of starch & vegetable

Filet Mignon*

Hand cut choice tenderloin, pan seared and cooked to your liking.

6 oz - 28 12 oz - 42

Burgundy Beef Tips 23

Filet tips sautéed with burgundy wine & brown sauce

Chicken Francaise 26

Boneless chicken breast egg battered and topped with a white wine and lemon butter sauce

Add jumbo lump crab 7

Balsamic Chicken* 24

Pan seared chicken breast, baby Bella mushrooms, baby spinach, bacon, balsamic vinegar & cream, garnished with a balsamic glaze

Seafood Au Gratin 28

Jumbo shrimp, scallops, and crabmeat simmered in a cheese sauce or lemon butter sauce, and oven-baked.

Oriental Salmon 27

Pan seared North Atlantic Salmon, topped with an oriental glaze. Served over stir fried rice and garnished with vegetable egg rolls.

Shrimp American 26

Jumbo shrimp sautéed with fresh mushrooms, white wine and cream, garnished with fresh tomatoes.

Side Dishes

French Fry Basket 5

Sweet Potato Fries 6

Potato du jour 4

White Rice 5

Side of Pasta 5

Applesauce 3

Vegetable Du Jour 3

Side Salad 5

Side of coleslaw 3

Sautéed Mushrooms 3

Sautéed onions 3

Side of gravy 2

Side of sausage 6

Side of meatballs 5

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